



# Thistleoaks Child Care Centre

## Menu - For the Week of \_\_\_\_\_

### Week 5



WEEKDAY	AM SNACK	LUNCH	PM SNACK
<b>MONDAY</b>	Multi-grain cheerios Juice	Beef barley soup Whole wheat buns Kiwi slices Milk	Cheese and cracker tray Apple slices Water
<b>TUESDAY</b>	Croissants Jam Water	Chicken parmigiana Orzo Garden salad Orange slices Milk	Breadsticks Roasted butternut squash dip Water
<b>WEDNESDAY</b>	Bagels with strawberry cream cheese Water	Bahamian Cou-Cou with tomato meat sauce Roasted root vegetables Whole wheat bread Pineapple Milk	Rice cakes with pea butter Water
<b>THURSDAY</b>	Oatmeal with brown sugar and milk	Orecchiette alla Fiorentina Fish sticks Beets Apple slices Milk	Home made bits & bites Juice
<b>FRIDAY</b>	Yogurt with mandarin oranges Water	Pizza with pepperoni and veggies Caesar salad Assorted fruit platter	Baba ghanoush with baked pita chips Water

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