



Parent Handbook

Revised April 2019

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Welcome to Thistleoaks!



Thistleoaks is a child care centre for the children of employees of Central West Specialized Developmental Services and the Oakville Community.

We are a non-profit organization, operated by a volunteer Board of Directors and a paid Executive Director and School Director. We are licensed by the Ministry of Education and our operation is guided by the Child Care and Early Years Act (CCEYA). Our license is posted in the Sunroom and in the School Age Room at the Central West Specialized Developmental Services main building.

Thistleoaks Child Care Centre is located on the grounds of Central West Specialized Developmental Services, a residential facility for developmentally handicapped individuals. This is their home and the residents are free to use the grounds. For safety purposes, please drive slowly and obey all traffic signs.

Thistleoaks Child Care Centre is a facility for children and families to learn, grow, explore, and create. We believe in teamwork and, as a part of Thistleoaks, we want you to feel like part of our team. Our goal is to nurture each individual child in a safe, warm, caring, and education-focused environment. Your suggestions, support, and ideas are valued and always welcome.

Our handbook will provide information that relates to our centre and its programs. If you should require any further information about Thistleoaks, please feel free to contact our Executive Director.

Contact Information

Address

53 Bond Street
Oakville, ON
L6K 1L8

Main Office: 905-842-7303
School Age: Classroom: 647-913-7304
Bus: 647-914-7304

General Email: info@thistleoaks.ca
Website: www.thistleoaks.ca

Executive Director: Cheryl Prentice x101
School Director: Mindy Williams x102

Our Philosophy

Thistleoaks Child Care Centre provides a warm and caring atmosphere to nurture the growth of the total child. Children thrive in a snug, secure, and stimulating environment. We provide this special atmosphere to all our children.

The educators offer a flexible program, which promotes the children's sense of belonging and self-confidence, while recognizing their individual needs. The children are exposed to a variety of activities in large and small groups. Activities are geared to each child's age and stage of development to promote emotional, intellectual, physical, and social growth.

We offer an integrated program for children with extra support needs. A Resource Consultant from the Region of Halton works with centre staff to provide support and individual program plans.

Our Policy

We believe that every child is to be respected as an individual and as a member of the group. Our goal is to meet each child's needs and interests to ensure optimal growth. We appreciate your cooperation in reporting anything that could affect your child's behavior. For example, changes in eating or sleeping patterns, fears or sources of anxiety, crisis at home, and so on.

Our "Open Door" policy encourages parent and guardians to drop in at any time during operating hours. We encourage parents to become involved with Thistleoaks by volunteering in their areas of expertise.

Program Statement

Thistleoaks Child Care Centre offers a learning program that is consistent with the Ministry of Education policies, pedagogy, and curriculum. Some of the Ministry documents we reference in our program include the following:

- *How Does Learning Happen? Ontario's Pedagogy for the Early Years*
- *Ontario Early Years Framework*
- *Ontario Early Learning Framework*
- *Think Feel Act: Lessons from Research About Young Children*

We know that children learn best by pursuing their personal interests and goals, so by following the Emergent Curriculum, children are able to make their own choices about materials and activities during program time. As they pursue their choices and plans, children explore, ask and answer questions, solve problems, and interact with peers, program staff, students, and other adults.

Children are competent, curious, and rich in potential

Thistleoaks Child Care Centre recognizes that each child is a unique individual who brings his or her own abilities to the program and deserves the encouragement and space to try new things, explore new ideas, and develop their own unique creativity.

We provide an environment that promotes curiosity and exploration. We believe every child deserves a safe and caring environment in which they will grow and develop to their maximum potential.

Thistleoaks Child Care Centre understands the importance of children's stages of development. For each child, their stage of development is individualized. Contributing factors include their unique family, community, and life experiences. We aim to integrate all areas of child development in our program.

Our goals for children include the following:

- Every child has a sense of belonging and is connected to others and contributes to the world
- Every child is developing a sense of self, health and well being
- Every child is an active and engaged learner, who explores with body, mind and senses
- Every child is a capable communicator who expresses themselves in many ways

Our Programs are designed to:

- Encourage children to interact and communicate in a positive way and support their ability to self regulate
- Promote the children's exploration, play, and inquiry
- Provide child-initiated and adult-supported experiences
- Offer opportunities to create genuine relationships with others in the program

Types of Activities we offer daily include:

- Drama, music, dance, and visual arts
- Language and literacy
- Nature, science, and technology
- Construction and design
- Daily opportunities for active outdoor play
- Rest and quiet time

Health, safety, nutrition and well-being of children

Thistleoaks Child Care Centre understands that the first step in establishing and nurturing health, safety, and well-being for children in our program is through the connections they make with the program staff, volunteers and students on placement. Each child is given individual attention during the day, and special attention whenever he or she needs it, by our educators who are consistent and gentle. Each group is comprised of children who are developmentally at the same age.

As a licensed centre, Thistleoaks Child Care Centre meets and exceeds all health and safety requirements by the Ministry of Education and local government bylaws. Health and Safety information is posted outside of each classroom on the communication boards. Policies are available in the Parent Handbook and in further detail in the Main Office.

Thistleoaks Child Care Centre follows Canada's Food Guide to develop our menus. Menus always include a fruit and vegetable, milk or water, whole grains, and low to no sugar. We accommodate dietary or religious food requirements for the children in our program, and menus can be viewed on our website and on the classroom communication boards.

Relationships among children, families, staff, and community partners

Thistleoaks Child Care Centre strives to promote a sense of belonging for children and their families by creating positive interactions and collaboration of families. We understand that relationships of trust are the basis of learning and cooperation.

Every child is entitled to be given the opportunity to develop personal responsibility and social skills, to learn to problem solve, develop conflict resolution skills, and to learn about diversity and inclusion.

Thistleoaks Child Care Centre is committed to working in partnership with community partners, as we work together on the mutual goal of providing the best possible child care service to families.

Positive self-expression, communication, and self regulation

Thistleoaks Child Care Centre programming leads to children's sense of belonging. We provide positive learning environments and experiences, focused on play-based learning, encourage children's communication, self-expression, and self-regulation.

In our inclusive learning environments, we welcome children of all abilities. Respect for diversity, equity, and inclusion is fundamental for development and learning.

Here are some of the ways that we create an inclusive environment in our programs:

- We recognize each child as having equal rights to participate in program activities
- We recognize and respect the unique qualities of each child and family, including ancestry, culture, ethnicity, language, gender, religion, family environment, and developmental needs
- We create strategies that value the culture and first language of all children
- We establish program strategies, to promote an inclusive learning environment in which every child can participate
- We view the diversity of children and families as an asset, and plan programs to reflect differences and enrich the environment

Our programs focus on play-based learning as the way that children naturally learn best. It is their natural response to the environment around them. When children are manipulating objects, acting out

roles, or experimenting with different materials, they engage in learning through play. Play allows them to actively construct, challenge, and expand their own understanding through making connections to prior experiences, opening the door to new learning. Intentional play-based learning enables children to investigate, ask questions, solve problems, and engage in critical thinking. Play is responsive to each child's unique learning style. It capitalizes their curiosity and creativity.

Our program also supports children's self-regulation, their ability to deal with stress, and remain alert and ready to learn. When children are calmly focused and alert, they are best able to control their emotions, pay attention, ignore distractions, inhibit their impulses, and understand the consequences of their actions.

Parent engagement and interaction

Thistleoaks Child Care Centre encourages and practices open communication with families about our program and their children's learning experiences. We believe that families are experts on their children. Sharing knowledge is important to your child's success.

Thistleoaks Child Care Centre ensures that families have the support of available, affordable, safe, reliable, high-quality licensed child care for their children, which ensures parents' peace of mind while their children are in our program. Values of respect, care, empathy, trust, and integrity are ensured in our interactions with families. In addition to daily interaction with program staff, we offer many opportunities for parent feedback and involvement, such as open houses, monthly newsletters, and parent interviews.

We know that our partnerships with families help our program meet the needs of the children:

- Families form the foundation of a child's early development
- Families know their children best and are the most powerful influence on learning and development
- The needs of each child are considered in the context of their family composition, values, culture and language. This approach enriches relationships between our centre, families, and our community
- Parent involvement connects to their children's early development, and enhances child learning

Community partners

Thistleoaks Child Care Centre is committed to involving local community partners and to engaging those partners in supporting our centre's children, family and staff. We support volunteers and students from the community and provide placement, training, learning opportunities, and practical work experience in the areas of programming and management. Volunteers and students on placement enhance the high-quality care and individual attention given to the children within our program.

Supporting staff in continuous professional learning

Thistleoaks Child Care Centre is committed to hiring, training, and fairly compensating staff. We hire staff that have a positive and sensitive attitude towards children. Our non-discriminatory hiring practices provide individuals of all backgrounds the opportunity for employment. We believe that everyone has worth and value and that all staff are entitled to be respected, supported and treated fairly.

A large majority of our full-time staff have completed the Early Childhood Education program and are registered with the College of Early Childhood Educators. All program staff attend mandatory professional meetings and are committed to continuous professional learning. Thistleoaks Child Care Centre participates in Quality First within Halton, an initiative for quality improvement.

Thistleoaks Child Care Centre staff foster children's inquiry and creativity by planning on a daily basis based on the observations that they make on the children's interests. In this way, learning is extended, leading to deeper investigation with materials and environment. Staff plan for and create positive learning environments and experiences in which each child's learning and development will be supported.

Documenting and reviewing the impact of our learning program

Thistleoaks Child Care Centre understands that pedagogical documentation is a way for our program staff to learn about how the children think and learn. Our staff make daily observations of the children in the program and use this information in future planning. The purpose of our documentation is to provide:

- A way to value children's experiences and help them reflect on those experiences
- An opportunity to make children's learning and understanding of the world visible to themselves, to other children, to their families, and to the program staff
- An opportunity for reflection on developmental growth
- A process for staff to co-plan with children about learning
- A dialogue with families about children's learning experiences
- A self-reflection opportunity for staff as they participate in continuous learning

Prohibited disciplinary practices

The following policy is as stated in the Child Care and Early Years Act (CCEYA-8.1-8.5) '48':

No Operator shall permit:

- Corporal punishment of the child
- Physical restraint of the child, such as confining the children to a high chair, car seat, stroller, or other device for the purposes of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself, or someone else and is used only as a last resort and only until the risk of injury is no longer imminent
- Locking the exits or the child care centre premises for the purpose of confining the children or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures
- Use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame, or frighten the child or undermine his or her self-respect, dignity, or self-worth
- Depriving the children of basic needs including food, drink, shelter, sleep, toilet use, clothing, and bedding
- Inflicting any bodily harm on children including making children eat or drink against their will

Admission

Thistleoaks Child Care Centre is a licensed child care centre for children between the ages of 6 weeks to 12 years of age. We admit children into the following programs:

Program	Children	Ratio	Age
Infants	10	1:3	6wks – 18mos
Toddlers	15	1:5	18mos – 30mos
Juniors	15	1:5	18mos – 30mos
Intermediates	16	1:8	2.5yrs – 4yrs
Seniors	16	1:8	2.5yrs – 4yrs
KinderCare	20	1:13	4yrs – 5yrs
KinderClub	23	1:13	4.5yrs – 6yrs
School Age – Before School	15	1:15	6yrs – 12yrs
School Age – After School	60	1:15	6yrs – 12yrs

In addition, we provide full-day care for School Age and Kindergarten-age children during professional development days and all school holidays, including Camps during the summer months.

General Information

Hours of Operation

Thistleoaks Main Centre is open all year from 6:45am to 6:15pm, Monday to Friday.

Thistleoaks School Age Program closes at 6:00pm.

Thistleoaks is closed on statutory holidays.

Statutory Holidays

Thistleoaks is closed on all of the following statutory holidays. There is no fee reduction.

- New Year's Day
- Family Day
- Good Friday
- Victoria Day
- Canada Day
- Civic Holiday
- Labor Day
- Thanksgiving Day
- Christmas Day
- Boxing Day

Fees

Fees are based on the number of days for which you child is enrolled. Invoices are distributed within the first week at the beginning of each month, for that month. Your child's teacher will distribute invoices. Fees are paid via automatic withdrawal from your bank account on either the 15th or the 30th of the month, or having the payment split between each date.

Tax receipts are issued by the end of February.

No reductions in fees are made to parents for statutory holidays, family vacations, illnesses, or emergency closures. Missed days may not be exchanged. Children attend the days for which they are registered.

Parents will be charged the rate for the group in which their child is enrolled. If the child cannot be moved to their appropriate age group within 3 months, the next group rate will be charged. If you wish to change the days that your child is enrolled, please inform the office **in writing** with 30 days' notice. We will try to accommodate changes to arrangements, with written notice.

Fee Schedule

The below fee schedule is accurate as of January 1, 2019.

	Registration Fee	Full Time 5 days per Week	Part Time 2-4 days* per Week
Infants <i>(6 weeks to 18 months)</i>		70.00	N/A
Toddlers and Juniors <i>(18 months to 2.5 years)</i>		60.00	62.00
Intermediates, Seniors, and KinderCare <i>(2.5 to 4.5 years)</i>	70.00	52.00	55.00
KinderClub <i>(4.5 to 6 years)</i>		47.00	49.00

*Part time spaces will only be granted if an exact match to share the spot is found. In the event that one of the parties should give notice, the other party will be given the opportunity to increase their days to Full Time or the original agreement becomes null and void.

	Kindergarten Before/After School <i>(4.5-6 years)</i>	School Age Before/After School <i>(6-12 years)</i>
Registration Fee	70.00	70.00
Before school one-way Transportation	15.00	15.00
After school one-way Transportation	25.00	25.00
Before and After two-way Transportation	35.00	35.00
PA Days	55.00	55.00
Summer Camp**	250.00/week	250.00/week
March break**	250.00/week	250.00/week

** Summer camp and March Break is only offered in weekly increments.

Late Fees

Main Building

Thistleoaks is open from 6:45am to 6:15pm, Monday to Friday. Whenever possible, we would appreciate if your child is picked up by 6:00pm, allowing time to obtain information, dress your child, and depart by 6:15pm. Parents who are late and picking up their child past 6:15pm will be charged a rate of \$1.00 per minute. Payment should be made to the late staff whenever possible. If funds are not received at the time of pickup, you will be required to sign the late sheet and will be invoiced for the amount owing.

School Age Building

The School Age building closes at 6:00pm. The late fee structure is the same as described above for the Main Building, but with late fees applying from 6:00pm onwards.

Fee Structure

The Board of Directors reviews the child care fees annually at minimum. These fees are subject to change generally on either the first day of September or the first day of January each year, but may be changed more often.

Failed Fee Withdrawal

Thistleoaks fees are collected through preauthorized payments. It is each family's responsibility to ensure that their bank accounts are in good standing, with sufficient funds to cover the preauthorized payments as they become due according to the payment schedule specified during registration.

The payment will be drawn from the bank account on the date(s) specified during registration. In the event that the date(s) fall on a weekend or holiday, payment will be drawn on the next business day.

A service charge of \$30 will be levied for failed fee withdrawals, such as insufficient funds, account closure, stop payments, etc.

Any additional questions or concerns should be addressed to the Executive or School Directors.

Professional Development Days

Children enrolled in elementary school will be automatically enrolled in all professional development days and school holidays (excluding summer holidays). Parents/guardians will be charged the PD rate unless the office is notified in writing two weeks prior to the PD day that they will not require care. If notification is given, then the regular rate for that child's enrollment will be applied.

Arrival and Departure

Always make sure that the teacher in attendance is aware of your child's arrival and departure. We cannot accept responsibility for children who are not inside the classroom or playground. If possible, spend a few minutes sharing information as this helps make transition easier. For your information, staff record your child's daily eating, sleeping, and toileting information (where appropriate). This information is kept in the program communication binder located on the parent counter in the Sunroom or in your child's classroom.

A keypad is located at all entrances to the main building. You will be given the code upon admission of your child. The code will change periodically. A door bell is located in the Sunroom for visitors.

Emergency Evacuation

In case of an emergency evacuation, Thistleoaks staff will take the children to Central West Specialized Developmental Services gym. Parents will be contacted and are expected to pick up their children at this location.

Release of Children - Emergencies or Alternate Arrangements

In an emergency, you may enlist someone other than yourself to pick up your child. This person must be at least 18 years of age or older. We must be advised and be able to identify the person you have authorized. We will ask for photo identification to verify the individual at pick up, as your child will NOT be released to an unauthorized person. We require the names, telephone numbers, and child's relationship of the adults you wish to authorize and this must be listed on our admission form at the time of registration, along with your consent signature. Please advise us of any changes to this list.

Discharge

The parents provide **written** notice of withdrawal, **one month in advance**. Parents are required to pay to the end of this notice period. Thistleoaks may terminate service, with written notice, if policies are not followed or fees are not paid.

Procedure:

- Parents/guardians submit a written withdrawal notice to the School Director or Executive Director
- Parents/guardians pay child care fees to the end of the one-month notice period
- The Executive Director may discharge children if payments are irregular

Inclement Weather Policy

Thistleoaks Child Care Centre recognizes its responsibility for the safety and welfare of our students and staff during centre hours. We understand that clients share in the responsibility for the safety and welfare of their children, and we realize that occasionally situations of severe inclement weather exist or are predicted during the operational hours of the centre. As such, Thistleoaks Child Care Centre may, on certain occasions and circumstances, have to close the centre.

Every effort will be made to keep the centre open on scheduled days, however, due to severe weather conditions, we may be forced to close. In the event where Thistleoaks' closure may be possible or predicted, advance notification will be given to clients via communication through the following means:

- Notices posted on all centre entrances
- Notice posted on our website (www.thistleoaks.ca)
- Notice posted on our Facebook page (@ThistleoaksCCC)
- Notice posted on our Twitter page (@ThistleoaksCCC)
- Notice recorded on the centre's answering machine

The decision to close will be made by the Executive and/or School Director. Should the centre close prior to operational hours, communication via the above-noted channels will be made by 6:30am on the day of the closure.

Only when the most severe conditions are predicted or occur, the centre may close during operational hours. This decision will be made by 11:00am by the Executive and/or School Director. Communication to clients will be completed by 12:00 noon, with a centre closure time of 3:00pm. Notification of this closure can be found on the above-noted channels. Clients picking their children up after 3:00pm will be charged our late fee rate of \$1 per minute.

Clients will not be reimbursed for days missed due to severe weather conditions and/or closures.

Sunscreen

Thistleoaks Child Care Centre supplies SPF30 sunscreen for all children. A permission form needs to be signed in order for us to apply centre-provided sunscreen to your child. If you would prefer to provide

your own, please label the sunscreen and inform your child’s teacher. Sunscreen is not applied to children under six months of age. During the summer, we require you to apply sunscreen to your child prior to arriving at Thistleoaks. We will reapply sunscreen during the day. SPF30 or higher is recommended.

Clothing

You child’s safety is our number one concern. Please adhere to the following clothing guidelines:

- Shoes must be closed-toe and rubber-heeled; Crocs are not permitted
 - If you choose to send your child in sandals in the summer, the sandals must have a covered toe and ankle strap. Open-toe sandals and flip-flops are not permitted
- Rainboots are strongly recommended for wet weather play
- Snow boots are required for winter weather
- All clothing, particularly outdoor wear, must be labelled
- Your child must have separate, dedicated indoor shoes

Please refer to the following chart for seasonal clothing guidelines:

Spring	Summer	Autumn	Winter
<ul style="list-style-type: none"> • Light jacket • Rainboots • Indoor shoes • Sweater/Hoodie • Splash pants • Hat 	<ul style="list-style-type: none"> • Water Bottle • Spare clothes • Hat with sun coverage • Sunscreen (if your child needs his or her own) 	<ul style="list-style-type: none"> • Light jacket • Rainboots • Indoor shoes • Sweater/Hoodie • Splash pants • Hat 	<ul style="list-style-type: none"> • Winter jacket • Snowpants • Snow boots • Winter hat • Neck warmer (scarves are not permitted) • Gloves • Sweater/hoodie • Indoor shoes

Notes for Summer Play

- Shoes or sandals with closed toes; Crocs are not permitted
- Summer water play: bathing suit, towel, shoes for water play
- Parents are responsible for applying sunscreen in the morning prior to dropping off their child. Educators will reapply sunscreen in the afternoon.

Meals

You child will be served a nutritious hot lunch as well as morning and afternoon snacks. Menus are posted online, outside the kitchen, and on each classroom’s information board. Outside food is not permitted at Thistleoaks.

Please inform us of all allergies, religious restrictions, dietary restrictions, and other special food requests. Child-specific allergy information is posted in each classroom and in the kitchen. Thistleoaks will attempt to accommodate food requests and restrictions.

Children enrolled in School Aged camps provide their own morning snack and lunch. Afternoon snack will be provided by the centre. Please pack a healthy and nutritious lunch. We encourage you to be creative; don’t forget to include a variety of fruits and vegetables.

In accordance with Halton Region, Thistleoaks is a nut-free facility. NO PEANUT OR OTHER NUT PRODUCTS ARE PERMITTED AT THISTLEOAKS CHILD CARE CENTRE.

Anaphylaxis

Anaphylaxis (anna-fill-axis) is a serious allergic reaction. It can be life-threatening. Food is the most common cause of anaphylaxis, but insect stings, medicine, latex, or exercise can also cause a reaction. The most common food allergens are peanuts, tree nuts, seafood, egg, and milk products. Anaphylaxis affects multiple body systems: skin, upper and lower respiratory, gastro-intestinal, and cardiovascular. Anaphylactic shock is an explosive overreaction of the body's immune system to a triggering agent (allergen). It can be characterized by swelling, difficulty breathing, abdominal cramps, vomiting, diarrhea, circulatory collapse, coma, and/or death.

Symptoms of anaphylactic shock tend to develop rapidly, although the initial presentation can be delayed and/or deceptively mild. The victim may become uneasy, upset, and/or red in the face. They may also develop a rapid heartbeat, prickling and itchiness in the skin, hives, throbbing in the ears, sneezing, coughing, and difficulty breathing. Shock may then follow, in which blood vessels become leaky, blood pressure falls, and the person becomes cold, clammy and faint.

Anaphylaxis Policy

This policy provides direction to parents, staff, and administrators to help minimize and reduce the risks for those who are identified as being susceptible to anaphylaxis due to individual allergy conditions. The intent of this policy is to develop a safe learning and working environment for all persons with allergies and special medical conditions. In this policy, you will find the following:

- A strategy to reduce the risk of exposure to anaphylactic causative agents
- A communication play for the provision of information on life-threatening allergies, including anaphylactic allergies
- An individual plan for each child with special health concerns, including anaphylactic allergies
- Third-party training for the individual procedures of each child with anaphylactic concerns

Anaphylaxis Procedure

Thistleoaks Child Care Centre is a nut-free centre. We do not serve products that knowingly contain or have come in contact with nuts or nut products. To help us achieve this, we have a strict policy of no outside food allowed at all at Thistleoaks.

All allergies will be listed in a common area in the classroom and in the kitchen. Should children require an Individual Care Plan, it will be noted on the allergy sheet. Three copies of this plan will be made: one copy will be kept in the classroom attendance binder that stays with the teacher at all times, a second copy will be kept with any medication that needs to be administered (if necessary), and the third copy in a main binder in the office.

Communication Plan/Individual Care Plan

All students, parents, staff, and volunteers of Thistleoaks Child Care Centre that have medical concerns including anaphylaxis will complete and Individual Care Plan form. This information will be provided upon enrollment or hiring, and will be updated with the educators and office administration as conditions change.

The Individual Care Plan will be reviewed annually or when the child graduates to the next classroom, whichever is sooner. This plan includes current treatment, medication information and location, signs and symptoms, and a current emergency contact list and training documentation.

Staff will post a photo of any child with a life-threatening allergy and inform the cook in the kitchen of any and all allergies, and will alert them when it changes.

It is the classroom educator's responsibility to inform supply staff, part-time staff, and volunteers of the children's health and allergy concerns as they enter the classroom.

Third-Party Training

It is the obligation of the child's parent or guardian to ensure that the information in the student's file be kept up to date and that staff are trained in administering the medication and first aid procedures for their child. This will be documented on the Individual Care Plan. In the event that a parent or guardian is not able to train a staff, a third party (such as a public health nurse or physician) will be acceptable.

Staffs are preauthorized to administer medication in response to an anaphylactic reaction when the school has up-to-date information on the child's individual treatment, as well as signed consent from the parent or guardian.

If a staff member has reason to believe that a child is experiencing an anaphylactic reaction, the staff may administer an auto-injector or other medication prescribed to the child for the treatment of an anaphylactic reaction, even if there is no preauthorization to do so.

We ask that parents provide two auto-injectors when we are taking the children on field trips, in the event that EMS response time is increased when we are off of Thistleoaks grounds. We ask that all staff, volunteers, and parents read and abide by this policy. The intention is not to segregate those children with special health concerns, but for us all to be an active part of prevention, treatment, and understanding so that we can live happy and healthy lives without any undue risks.

Outside Food Policy

Thistleoaks Child Care Centre is a nut-free environment. In order to ensure our children's safety and maintain our high quality of care, we request that parents refrain from bringing outside food into the centre. This includes, but is not limited to, the following:

- Donuts
- Cookies
- Packaged goods
- Lollipops
- Toast
- Granola Bars
- Chocolates
- Chips
- Muffins
- Fruit
- Candies
- Crackers
- Cereals
- Vegetables
- Sandwiches

We provide two snacks (morning and afternoon) and lunch daily. In addition to these fixed meals, we also make fruits, vegetables, and water available to the children throughout the day, which provides children with the opportunity to develop self-regulation skills and self-awareness for their bodies' need for food. We also believe that having additional snacks available, when needed, honours our view of the children as competent and capable individuals.

Parents may wish to make special dietary and/or feeding arrangements with Thistleoaks in order to meet the individual nutritional needs of their child. If a parent chooses to provide supplements for the child, they must:

- Provide written instructions for the supplements including the name of child, time to administer said supplements, and any special instructions that may be required.
- Provide an ingredient list to help ensure that allergens are not brought in to the centre.
- Advise in writing if any changes are required.

Failure to adhere to the above procedure for outside food will result in the outside food being barred from the building. This is for the safety of all our children.

High School, Co-op, and College Students

Thistleoaks supports our community by providing practical learning experiences. Staffs supervise students from ECE and ECA college and high school co-operative programs. These students are not counted in our ratios, and are not to be left alone with the children enrolled within the centre. All volunteers must provide a valid Police Check – Vulnerable Sector and sign off on all Thistleoaks policies and procedures.

Toys from Home

Children may bring a toy from home for special planned activities. Your child's educator will provide you with advance notice of such occasions. Otherwise, it is best to leave toys at home. This prevents toys being lost or broken, for which the staff is not responsible. Guns, war toys, or other toys of destruction are not allowed at Thistleoaks.

Rest

All Toddler, Preschool, and KinderCare children will rest for 1 to 2 hours in the afternoon. They are not required to sleep, but are required to lie quietly on their cots. Children may bring a blanket or stuffed toy from home to be used during rest time.

Preschool children who do not fall asleep after the first hour are brought to the Flexi Room for our Early Risers program, which allows the children to participate in quiet activities for the final hour of the rest period.

All children have designated cots (cribs for infants). Visual checks are done on all children throughout the rest period and documented accordingly.

Infants between the ages of six weeks and 12 months old will be placed on their back during sleep, following the Joint Statement of Safe Sleep. Should a parent request otherwise, a physician's note must recommend otherwise.

Central West Specialized Developmental Services: Grounds and Entrance

Please use the Kerr Street entrance only. The Bond Street entrance is only to be used if the Kerr Street entrance is blocked. Obey all stop signs. They are there to protect the residents and your children.

DRIVE SLOWLY. The speed limit on the grounds is 10km/h.

Obey the following rules with regard to our parking lot:

- Turn off your car engine. Do not leave your car idling in the parking lot
- Do not leave children unattended in your car
- Obey the No Parking signs
- Only cars with an Accessible placard are permitted to use the accessible space at the front of the building. Cars using the spot without a placard are subject to being towed at the owner's expense
- There is no smoking in the parking lot or anywhere on Thistleoaks property

- Do not block in other cars. If all the parking spaces are filled, please use the alternate lots located to the south of Thistleoaks

Parent and Guardian Information

Parent and Guardian meetings are held with the educators at a time that is convenient to the family.

Thistleoaks hosts events such as our Annual General Meeting, Christmas Open House, and JK/SK Information Evenings during the school year. These events are held after work hours, typically between 5:30pm and 7:30pm.

Social nights may include a light meal, and child care can be provided for any meeting portion of the night. This is a great time to meet other parents, relax, meet staff informally, and learn more about our child care environment.

If the parking lot is full for these events, please park in the lots located to the south of Thistleoaks. Please do not park on a fire route.

Special Activities and Field Trips

The children occasionally leave the premises for walks or other activities. Please see the program sheet for details which will be posted in the classroom, as well as read any emails regarding such an event.

Children may visit local sites of interest that support the learning environment. We travel on local buses or First Student transportation. Special field trips will be posted for your information in advance. If you object to your child's participation, please speak to your child's educator.

School Aged Children with Special Needs and Field Trips

Thistleoaks Child Care Centre is a fully inclusive centre, and all of our programs do their best to accommodate children of all needs. Thistleoaks will attempt to provide a child who requires additional support with a Thistleoaks staff member while on an outing or field trip with one of our programs. However, we cannot guarantee that the centre will have a person to provide support in order for your child to attend the field trip. Should a staff member be provided, a cost for this staff may be incurred for the parents or guardians.

Parents and guardians are welcome to accept responsibility for providing a support person. Either themselves or any adult over the age of 18 is permissible, as long as a current criminal reference check and the "Volunteer Support for Child(ren) with Special Needs" form have both been submitted to the office prior to the trip. This person will be solely responsible for the child and their needs throughout the course of the field trip. While the adult and child will participate fully in the field trip, neither adult nor child will be considered in our group ratio. Should no support person be provided by either centre or the parent or guardian, the child will not be permitted on the field trip due to immediate safety concerns for the child and other children within the program.

The program will be open for the child to attend before and/or after the field trip, with all information (date, times) posted well in advance for the parent or guardian.

Volunteering

If you would like to join your child's group on a field trip, you will have to review the centre's Behavior Guidance Policy, as well as get a Criminal Reference Check completed at the local police station. This check will cost you \$25 and can take anywhere from a few days to a few weeks before it's completed by the police and ready for you to pick up.

Should you wish to join your child on a field trip, it would be in your best interest to get a Criminal Reference Check completed well in advance and have it submitted to the office. It will be kept on file for the duration of your child’s enrollment here at the centre and act as valid proof for you to volunteer.

Oakville’s Police Station Address:
 2 District - 20 Division
 95 Oak Walk Drive
 Oakville, ON
 L6H 0G6

Newsletters and Emails

All classrooms at Thistleoaks are equipped with their own email address. Parents and guardians will receive a monthly newsletter with information about programming, special events, how families can support at home, any illnesses, educator absenteeism, and other information.

Staff may also forward on any other pertinent information regarding their class or the centre in separate emails for your information and review.

The classroom email addresses are not to be used for immediate communication between families and educators. Educators are only able to check email once or twice per week (not guaranteed) so any important messages should be emailed to the Executive or School Director, or you can call the centre at any time and speak to the office or to the classroom directly. The extensions and email addresses for classrooms are:

Room	Extension	Email
Executive Director	101	cheryl@thistleoaks.ca
School Director	102	mindy@thistleoaks.ca
Kitchen	103	-
Infants	109	classroom1@thistleoaks.ca
Toddlers	110	classroom2@thistleoaks.ca
Juniors	112	classroom3@thistleoaks.ca
Intermediates	105	classroom4@thistleoaks.ca
Seniors	113	classroom5@thistleoaks.ca
KinderCare	114	classroom6@thistleoaks.ca
KinderClub	115	classroom7@thistleoaks.ca
Flexi	111	classroom8@thistleoaks.ca
School Age	Classroom: 647-913-7304 Bus: 647-914-7304	classroom9@thistleoaks.ca

Transportation

We provide transportation to four local schools for children enrolled in elementary school – Oakwood Public School, Morden Public School, St. James Catholic School, and Pinegrove Public School (French Immersion). Parents and guardians requiring transportation services for the next school year are requested to submit notification of their transportation needs in writing by the end of June, should they not have already filled out a “Fall Planning Questionnaire”.

When determining the bus route, we consider the length of time that each child spends on the bus. Therefore, we cannot always service additional schools due to the length of the route. Transportation is contracted via First Student Buses, and drivers are NOT employees of Thistleoaks Child Care Centre.

Thistleoaks staff do ride the bus with the children, and we maintain ratio requirements while on the bus. The drivers are annually reviewed and are expected to abide by our Behavior Guidance Policy.

Parents and guardians must notify the centre by 2:30pm if your child will not be returning to the centre via First Student transportation. Continued failure in not notifying the centre of a child's absence may result in the termination of transportation services.

The Centre will not accept or release children who are transported by taxi without a parent or guardian.

We will be transporting children to various outings both on First Student and local Oakville buses. Please review these seven bus safety rules with your child:

1. Listen to educators and the bus driver at all times.
2. Walk as you get on and off the bus – don't run.
3. Keep the aisles clear of books and bags.
4. Talk quietly.
5. Keep your hands and head inside the windows.
6. Seat belts must be worn at all times (if available).
7. Stay in your seat.

Bus Safety Policy

To maintain the safety and well-being of the children during transportation, we strictly enforce the bus safety rules and support the "pink slip" policy from First Student. If your child does not comply with the safe and appropriate behavior expected on the school bus, then the following procedure is followed.

- If a child acts in an unsafe or inappropriate manner on the bus, then a white/pink slip will be issued.
- When one slip is issued, then the staff will meet with the child and parent or guardian to discuss the inappropriate behavior.
- When two slips are issued, then the child will not be allowed to ride on the bus for the next day. The child may attend the program but the parent or guardian will be responsible for transporting their child to and from the program.
- If three slips are issued, then a meeting with the Executive or School Director is arranged to discuss whether continuing transportation service is a safe option.
- Transportation services can be terminated at the discretion of the Executive or School Director if the safety and well-being of the children using the bus is compromised.

Behaviour Guidance

We realize that behavioural problems will occur from time to time. By using redirection and positive reinforcement, we modify the behavior, not the child. Initially, we look at the room, the program, and then our individual response to the child's behavior.

At no time shall an educator, parent, or guardian use corporal punishment on the child care premises or while representing Thistleoaks.

Parents and guardians who wish to reinforce our guidelines at home can speak with their child's educator for more information.

Safe Environment Policy

Thistleoaks has the responsibility, in partnership with the student, family, and community, to provide, promote, and develop:

- A safe, positive, and violence-free environment for everyone in which respect and human dignity are valued
- A sense of self-worth and self-discipline in the children
- A primary prevention strategy and environment that stresses sociably acceptable attitudes and effective social interpersonal skills

It is the intent of our policy:

For parents:

- To teach and instill good values
- To respect the rights of others
- To model a sense of societal responsibility for their children and themselves
- To foster a safe and secure environment

For Children:

- To be respected in both person and beliefs
- To respect the person, safety, property, and rights of others
- To give respect and cooperation to all persons in positions of responsibility at Thistleoaks

Safe Environment Procedure

Behaviour	First Occurrence	Subsequent Occurrences
<p>Definitions:</p> <p>Assault: the act or attempt to do physical harm</p> <p>Defiance of Authority: persistent refusal to comply with persons in positions of authority</p> <p>Disorderly Conduct: behavior that displays persistent opposition to authority, conduct injurious to the moral tone of the centre or to the well being of others in the centre</p>	<p>Letter informing parent or guardian and meeting with family. May result in suspension of child for one day depending on severity</p>	<p>Suspend child at discretion of Executive/Assistant Directors. A meeting will be held with the family before the child is able to return. Child may be discharged from the centre.</p>

Each situation is influenced by the child's age and their abilities. Children are directly responsible for their behavior to Thistleoaks staff while at Thistleoaks or under our authority (e.g., field trips). The primary responsibility for young children's behavior always rests with the parents and guardians.

Reference: Halton Board of Education Policy

Accident Forms

An accident form will be completed by a staff member if your child obtains an injury while at Thistleoaks. If the injury is serious, we will immediately contact you and follow emergency procedures. If the injury is minor, we will administer first aid treatment and document the incident.

- The accident form is comprised of a master copy and a carbon copy
- The staff member will document the incident, first aid treatment administered, and any further actions taken

- The Executive or School Director (or designate) will review and sign the form. A parent or guardian will be asked to review and sign upon pick up, and will be given a copy of the report for their records

Emergency Preparedness

Evacuations

In the event that Thistleoaks needs to be evacuated, the two evacuation points are as follows:

Evacuation Site #1

The Gym
Central West Specialized Development Centre (CWSD)
53 Bond Street
905-844-7864

Evacuation Site #2

Oakville Seniors Recreational Centre
263 Kerr Street
905-815-5966

Emergencies

In the event of an emergency, parents will be notified when it is safe to do so. Thistleoaks maintains an updated set of procedures for all emergency situations. If you wish to see a copy of these procedures, please request it from the office.

Parent Issues and Concerns

Policy

Thistleoaks encourages parents to take an active role in our child care centre and regularly discuss their children's daily development with the Thistleoaks educators and their experiences with our program. All issues and concerns raised by parents/guardians are taken seriously by both the educators and management. Every effort will be made to address and resolve all issues or concerns to the satisfaction of all parties as expediently as possible.

Thistleoaks' educators and staff are available to engage parents/guardians in conversation and support a positive exchange during every interaction. Every issue and concern will be treated with confidentiality and every effort will be made to protect the privacy of all parties involved, save and except for concerns relating to immediate health and safety issues pertaining to a child or for legal reasons (for example, to the Ministry of Education, College of Early Childhood Educators, law enforcement authorities, a Children's Aid Society, etc.).

An initial response to an issue or concern will be provided to parents/guardians within two business days. An investigation of issues and concerns will be fair, impartial, and respectful to all parties involved. Thistleoaks will ensure that the person who raised the issue or concern will be kept informed throughout the resolution process, while, again, maintaining confidentiality.

Thistleoaks has high standards for positive interaction, communication, and role modeling for children. Harassment and discrimination will, therefore, not be tolerated from any party. If at any point a parent/guardian or staff feels uncomfortable, threatened, abused, or belittled, they are asked to immediately end the conversation and report said conversation to the Executive and/or School Director.

We, as members of the public and professionals working closely with children, are required by law to report suspicions of child abuse or neglect. If a parent/guardian expresses concern that a child is being abused or neglected, Thistleoaks staff will advise the parent/guardian to contact Children's Aid Society (CAS) directly.

Procedure

1. Raise the issue or concern:
 - To the classroom educator directly, or
 - To the Executive or School Director
2. Allow two business days for an issue or concern to be addressed.
3. Escalation of issues or concerns:
 - Where the parent/guardian is not satisfied with the response or outcome, they may escalate the issue or concern in writing or verbally to the Board of Directors
 - If the issue or concern is related to compliance and regulation, it is to be reported to The Ministry of Education's Child Care Quality Assurance and Licensing Branch, at:
Ministry of Education, Licensed Child Care Help Desk
1-877-510-5333
childcare_ontario@ontario.ca

Smoking

There is no smoking permitted on Thistleoaks grounds, including in the parking lot. Smoking is also not permitted if you are representing Thistleoaks off-site (for example, on field trips).

Health

A child can become ill, whether in child care or at home. When illness occurs among a group of children, the situation becomes more complicated. For example, the educator must decide what implications any illness has to the sick child, as well as to the other children and staff at Thistleoaks. The parents and guardians feel torn between the demands of employment and the lack of alternatives for the sick child, and the child may need special care during the course of the illness.

Health Policies

1. The medical and health information sheet, information forms, and emergency cards must be completed prior to child's entry into Thistleoaks Child Care Centre. This is in accordance with the CCEYA and Halton Regional Public Health Department. Thereafter, children are required to have their immunizations kept up to date.
2. Statement of Conscience or Religious Belief for exemption of immunizations must be completed by a doctor or nurse practitioner and must be notarized.
3. Communicable illnesses, suspected communicable illnesses, or prolonged illnesses are to be reported to the staff at Thistleoaks as soon as possible. We require a physician's note stating that your child is free from infectious or communicable disease before your child is allowed to return to the centre.
4. Children who appear ill do not attend the centre. We ask, as supported by the Public Health Department, that your child be kept at home if they have any of the following symptoms:
 - Fever
 - Vomiting
 - Cough
 - Runny nose, especially with green or yellow discharge
 - Diarrhea

And also display signs of:

- Low activity level
- Decrease in appetite
- Need for more emotional support
- Sleepless nights
- Behavioral changes

These symptoms tell us that your child is NOT well.

We realize that some of the children will have been taken to the family doctor and either:

- Treatment has been prescribed
- No medication ordered, possible virus
- Cause unknown

You will be contacted to pick up your child immediately should one or more of the following symptoms appear while your child is here at the centre:

- Fever of 101°F or higher
- Two bouts of either vomiting or diarrhea
- Lice or signs of larvae or nits – Lice are highly contagious!
 - A note from a doctor or from a lice treatment clinic is required stating that your child is free of lice and a treatment plan is in place before your child will be allowed to return to the centre

We have found that the children's health improves more quickly if they remain at home for 24 to 48 hours at this point. This also prevents other children in the centre from coming down with the same symptoms, and reduces the amount of time that the children remain unhealthy.

Therefore, if your child is sent home with above-mentioned symptoms, he or she may not return to the centre on the next business day. Some cases may require the child to remain home longer to ensure symptoms are gone. You will be required to sign an "Ill Child Form" to confirm this.

We understand that there are a number of stresses for working parents. Therefore, we strongly encourage you to arrange for a reliable back-up person or plan for situations when your child is not well. We would appreciate your co-operation in this matter as our common goal is to have our children happy and healthy.

5. Prescription drugs are administered only when accompanied by the parent or guardian's written consent and instructions by way of an Administration of Drug and Medication Authorization Form. The drugs must be kept in their original, labeled containers and dated within the last month. Parents and guardians must sign the medical authorization form for each occasion. Medication can be placed in the locked First Aid cupboard (fridge or medication box) located by the office in the West building and the First Aid cupboard in the East building located by the cubby room.
6. We do not administer over-the-counter drugs unless for fever and MUST be accompanied by a physician's note and Individual Care Plan. The note must state the child's name, name of medication (fever reducing or allergic reaction), dosage based on weight, and reason (for example, the child's specific fever temperature if for fever, or allergy symptoms).
7. Please note the waist pouches are permitted only in the School Age program for children to carry their own Epi-Pens and/or puffers for quicker access.
8. Notify teachers of symptoms when your child is ill and will be absent – please do not just keep them home without letting Thistleoaks know the reason. This helps us manage illness in the centre and minimize the spread.

9. In case of accidental injury, you will be notified immediately. If necessary, your child will be taken to the hospital by ambulance and accompanied by a staff member. Educators will complete a full report if there is a head injury or other serious injury.
10. Please do not leave food, drink, or medication in your child's cubby for safety, sanitary, and food allergy reasons.
11. We do not use medication such as Bactine, Polysporin, alcohol wipes, or Vaseline for First Aid treatment. We only use soap and water, new band-aids as needed, and ice packs.

In closing...

Welcome again to the Thistleoaks Family!

If you have any questions or comments regarding this handbook or about the centre as a whole, please feel free to approach the Executive or School Directors at any time.

We appreciate all the feedback we receive!



Parent Handbook

Acceptance and Acknowledgement



Please read and sign the below acknowledgement, detach this page from the handbook, and return it to Thistleoaks with your registration package. The remainder of the Parent Handbook is yours to keep.

Child's Full Name: _____

I/We, the undersigned, have read and understand the Parent Handbook in full, and agree to abide by all policies and procedures outlined within.

I/We understand that failure to comply with Thistleoaks' policies and procedures may result in the termination of child care services for my/our child.

Parent/Guardian 1:

_____ /_____/_____
Print Name Sign Date (DD/MM/YYYY)

Parent/Guardian 2:

_____ /_____/_____
Print Name Sign Date (DD/MM/YYYY)